

Silver Adventurous Journey

The Duke of Edinburgh's Hillary Award

Schedule

Before Arrival	Planning/ Training	Practice Journey		Transition Day	Qualifying Journey		
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Complete your online training*	10am Arrive at Peel Forest Outdoor Centre Plan qualifier and practice journeys Do any necessary training Stay at Cabins	Depart for practice journey Stay out overnight	Return from practice journey Stay at Cabins	Debrief 10am Practice journey only participant depart Resupply in Geraldine 1pm Qualifying journey only participant arrive Prep for Qualifier Stay at Cabins	Depart for qualifying journey Stay out overnight	Continue qualifying journey Stay out overnight	Debrief 4pm depart from Peel Forest Outdoor Centre

*Not required, but recommended

Duke of Edinburgh Requirements

Our program structure meets all Duke of Edinburgh requirements for practice and qualifier journeys, and we've combined them for Bronze and Silver into one week so you can do your practice journey and go straight into your qualifier! If you only need to do your practice *or* your qualifier, you can join just for just that portion of the week.

Gold practice and qualifier journeys are split over separate sessions to allow participants more time to hone their skills. It is recommended your group schedules their qualifier 3-6 months after the completion of your practice journey.

Participants

We need a minimum of 4 participants and a maximum of 7 per group

Visit the Duke of Edinburgh website for all other details about requirements.

[Adventurous Journey – The Duke of Edinburgh's International Award \(dofehillary.org.nz\)](https://dofehillary.org.nz)

Training

You must complete training before your Silver and Bronze practice journeys. You may choose to do online training in lieu of training in person for either the Silver or Bronze journey. In-person training is already included in the cost of the courses with us; However, It is recommended that you do *both* the online training before your practice journey and the in-person training with us for the best chance of success. This can be done through [Peak Performance Solutions](#).

Be prepared to do the in-person training on your first day with us for any level. The instructor will plan sessions based on skills required for your qualifying journey. This may involve things such as campcraft, first-aid, snow, or river-crossing skills depending on your level and desired qualifying journey.

Practice Journey

Required by Duke of Edinburgh standards, this journey is designed to give participants the skills they need to complete their qualifier. Participants start by setting a vision and goals for their Qualifier.

They select a Qualifying journey that meets their goals. Peel Forest Outdoor Centre assesses what skills participants will need to complete the journey and select a practice journey that will build these skills. After planning, participants will complete training based on the skills they'll need for their qualifier. Participants stay at our Cabins on the first night and depart on their journey the following morning for Bronze and Silver, or on the third day for the Gold practice.

Practice journey length and difficulty is dependent on award level

- Bronze is 2 days and 1 night with 6 hours of activity per day
- Silver is 2 days and 1 night with a minimum of 7 hours of activity per day
- Gold is a minimum of 2 days and 1 night with 8 hours of activity per day

Transition

Between your practice and qualifying journey, we return to our Cabins for hot showers and a good night's sleep. The following morning, we resupply any necessary items/food in Geraldine before starting our Qualifier journey planning and then depart the following day. This is the day where direct entries into the qualifier may join, or those who were only doing the practice journey may leave.

Qualifier

Once participants have the necessary skills, they are ready for their qualifying journey. These are designed to be student-lead. Peel Forest Outdoor Centre provides instructors to shadow the group's journey, assess individuals on their abilities and step in to manage the group only if it is necessary for safety.

The group spends half of a day (after returning from their resupply) checking the weather and solidifying plans for their qualifying journey, which they will depart on the following day.

Qualifying journey length and difficulty is dependent on award level.

- Bronze is 2 days and 1 night with minimum 6 hours of activity per day
- Silver is 3 days and 2 nights with a minimum of 7 hours of activity per day
- Gold is 4 days and 3 nights with a minimum of 8 hours of activity per day

Accommodation

We provide accommodation at our Cabins for the days we will be training/planning in Peel Forest.

The Cabins are part of Peel Forest Outdoor Centre's commitment to increase environmental awareness and our desire to protect the natural environment for generations to come. The Cabins have been constructed so that it is as sustainable as possible and off grid to minimise the impact it has on the natural environment and its resources. Think a nice DOC Hut with a warm shower.

For the Cabins please bring:

You will need to bring your own bedding (sleeping bag + pillow), towels and toiletries. We provide hand towels, bathmats, tea towels and cloths for cleaning.

Gear List

We will be spending lots of time outside exposed to all elements. Come prepared for the weather and the season knowing that we may be adventuring into unsheltered terrain and cold temperatures at night. All students will have their gear checked on planning day.

Compulsory

- Waterproof jacket and over trousers
- 2x thermal tops
- 2x thermal bottoms
- Shorts
- Quick drying t-shirt (no cotton!)
- 2x fleece jerseys
- Down jacket (optional)
- Fleece or woollen socks
- Warm woollen/fleece beanie and gloves
- Old shoes for river crossing training
- Sturdy tramping boots
- Gaiters (optional)
- Tramping poles (optional)
- 3-4 season sleeping bag
- Foam or inflatable mat
- Cooker, fuel, bowl/plate, utensils
- Lighter/matches
- Food for at least the first 4 days
- 65L tramping pack
- Pack liner (big rubbish bags work well)
- Tent
- Personal first aid kit, toiletries, medication
- Headtorch and spare batteries
- Sunscreen/sunhat/sunglasses
- Water bottle (minimum 3L capacity)
- Compass, whistle, notebook, pen/pencil

Optional

- Tramping poles
- Puffer jacket
- Cap
- Beanie
- Gaiters
- Camera
- Walking poles
- Extra comfy clothes and shoes for cabins

Gear Supplied by Us

- All wetsuits/gear for river crossing
- Emergency first aid and comms (mountain radios, PLB/inreach)
- We can supply packs, waterproofs, cookers, tents, thermals, fleeces if requested