

## Holiday Programmes

### Schedule

Day	Activity	Meeting Location	Drop Off	Pick Up
Monday	Bush Day	<a href="#">Kennedy Park, Geraldine*</a>	8:30am	4pm
Tuesday	High Ropes	<a href="#">Kennedy Park, Geraldine</a>	10am	3pm
Wednesday	Rock Climbing	<a href="#">Spur Road, Timaru</a>	10am	3pm
Thursday	Kayaking	<a href="#">Caroline Bay, Timaru</a>	10am	3pm
Friday	White Water Rafting	<a href="#">Kennedy Park, Geraldine*</a>	8:30am	4pm

*\*If you'd like to drop off/pick up from our Peel Forest Base instead, please get in touch to arrange.*

*Locations and activities are subject to weather conditions. We will get in touch if there are any necessary changes to this schedule.*

### Activities Overview

#### Bush Day

Go bush! Explore remnants and regrowth of an ancient forest right here in South Canterbury while learning some basic skills such as bush identification, trap and shelter building or navigation in Peel Forest.

*Age requirements:*

Appropriate for ages 8+

#### High Ropes

Walk the wires! Push yourself higher at the Geraldine High School Challenge Ropes with a variety of different activities to choose from while your team cheers you on. Start with team-building on the low ropes elements, and increase the challenge at height. Learn how to belay and work your way around the high ropes elements in teams, providing support and encouragement as everyone chooses their challenge.

*Age requirements:*

Appropriate for ages 8+

**Ages 8-11 must have an adult with them to help with belaying (no extra cost)**

### Rock Climbing

Rock on! Reach for the top with a day of rock climbing on the ancient volcanic remnants of South Canterbury. This day is the perfect extension of skills learned on the high ropes course, such as belaying. If you haven't signed up for our high ropes day or haven't belayed before though – not to worry. We'll teach you everything you need to know to climb safely. With a variety of climbs to choose from, we'll have something to challenge all ages and ability levels.

*Age requirements:*

Appropriate for ages 8+

*Ages 8-11 **must** have an adult with them to help with belaying (no extra cost)*

### Kayaking

Jump in! Paddle, splash and play with a variety of games, activities and journeys designed to develop your kayak skills and explore. Start off with the basics of paddling skills and work your way up to games and challenges that may leave some of the group swimming instead! We'll go on a journey and have an opportunity to enjoy some of the views you can only get from on the water.

*Age requirements:*

Appropriate for ages 10+

### Rafting

Hold on tight! This is a full day of rafting and river safety on the Lower Rangitata Grade 2 section of river. Learn how to paddle through rapids and stay safe on the river.

*Age requirements:*

Appropriate for ages 8+

*We may be able to accommodate kids ages 5-7 with an additional accompanying adult if space allows. Please get in touch with us to organise this.*

## Gear List

### Everyday

- Lunch and snack
- Sunscreen/sunglasses/cap
- Drink bottle
- Spare warm layers
- **Any personal medication**

### Bush/High Ropes/Rock Climbing

Everyday list plus:

- Backpack
- Activewear (*no cotton*)
- Raincoat (*we'll go rain or shine*)
- Well-fitting lace-up trainers

### Kayaking/Rafting

Everyday list plus:

- Togs
- Thermal polypro/woolen shirt
- Thermal polypro leggings
- Thermal/woolen/polypro/neoprene socks
- Spare fleece/polypro layer
- Old shorts (*for wearing over wetsuit*)
- Old pair of running shoes  
(*Surf booties/swim shoes are not appropriate for rafting*)
- Spare change of clothes and shoes
- Towel

### We Will Provide:

- All activity specific/technical gear required!
- Any additional *extra warm* gear

### Optional

- Camera
- Your own rock-climbing shoes/gear
- Your own wetsuit for kayaking/rafting
- Thermal leggings (highly recommended on cooler days)
- Tramping poles for bush
- Gaiters for bush
- Puffer jacket
- Cap
- Beanie