

Bush Essentials

A 2-day course in navigation, bushcraft, river safety and bush etiquette based in beautiful Peel Forest.

Overview

Learn essential bush skills. River crossing, navigation and route finding, gear, and many other tips and tricks.

Appropriate for recreational trampers, hunters or those training for adventure-race/ or rogaine style events.

The course will cover:

River Safety

- Decision points and mechanisms
- Hazard and risk assessment
- Crossing methods

Navigation Skills

- Reading Topo50 maps, features and contours
- Map orientation
- Taking a bearing
- Following a bearing/route-finding
- Distances and walking time approximations
- Using GPS/Smart Phone

Bushcraft

- What to pack and how to pack it
- Giving intentions and emergency communication methods
- Weather forecasts

Time

Start and finish at the Peel Forest Outdoors Centre base located 20-minutes outside of Geraldine.

Start: 9am Saturday Finish: 4pm Sunday

Location

Start and finish at the <u>Peel Forest Outdoors Centre base</u> located 20-minutes outside of Geraldine.

Challenge

Accommodation

We provide accommodation in our off-grid <u>Cabins</u> at no extra charge for the duration of the course. They are similar to a nice DOC Hut.

Bush

You will need to bring your own bedding (sheets, pillows and duvets or sleeping bag) and towels. We provide hand towels, bathmats, tea towels and cloths for cleaning. The bedrooms are not heated so please make sure you bring enough bedding to keep warm.

Food

You need to provide your own food for the duration of the course. Be prepared to pack and take it with you for the day.

Age requirements:

Appropriate for ages 16 and up

Gear List

Compulsory Gear:

- Day pack (approx. 30L) with a pack liner plastic rubbish bags work
- Suitable active clothing for the weather (no cotton!)
- Waterproof raincoat and over trousers (we go rain or shine)
- Thermal top
- Thermal bottom
- Fleece jacket
- Tramping boots (worn in!)
- Water Bottle (2L minimum)
- Compass
- Cap or Hat
- Beanie
- Sunscreen
- Sunglasses

Gear that can be supplied if needed.

- Pack
- Raincoat
- Fleece Tops
- Compass

Overnight

- Pillow
- Sleeping bag
- Food Toiletries

Optional

- Tramping poles
- Puffer jacket